

**Acceptance- And Mindfulness-Based Approaches To
Anxiety: Conceptualization And Treatment (Series In
Anxiety And Related Disorders)**

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1. Am J Clin Hypn. 2012 Apr;54(4):311-30. Post-traumatic stress disorder: cognitive hypnotherapy, mindfulness, and acceptance-based treatment approaches.

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Hypochondriasis: Conceptualization, Treatment, OCD/Anxiety Disorders whether a disorder might be related to OCD. To this end, disorders characterized by

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(Eds.), Acceptance and mindfulness-based approaches to anxiety: Conceptualization and treatment (pp. 213 240). New York: Springer. Roemer, L.,

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consistent with that of other mindfulness-based approaches (Baer, et al. (2004). Acceptance-based treatment for of Anxiety Disorders, 24, 590

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