

**Acceptance- And Mindfulness-Based Approaches To
Anxiety: Conceptualization And Treatment (Series In
Anxiety And Related Disorders)**

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a mindfulness-based mental Apart from treatment programs, and anxiety disorders (7 items) over the past week, using two sub-

Post-traumatic stress disorder: cognitive

1. Am J Clin Hypn. 2012 Apr;54(4):311-30. Post-traumatic stress disorder: cognitive hypnotherapy, mindfulness, and acceptance-based treatment approaches.

Emotion and the acceptance- based approaches to

(Eds.), Acceptance and mindfulness-based approaches to anxiety: Conceptualization and treatment (pp. 213 240). New York: Springer. Roemer, L.,

Emotion dysregulation in generalized anxiety

Expanding our conceptualization of and treatment for generalized anxiety disorder: integrating mindfulness/ acceptance-based approaches anxiety disorders,

Program | association for contextual behavioral

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Social anxiety disorder: recent developments in

Social anxiety disorder: recent developments in psychological approaches to conceptualization and treatment

Acceptance and commitment therapy - wikipedia,

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Keng review of studies on mindfulness

consistent with that of other mindfulness-based approaches (Baer, et al. (2004). Acceptance-based treatment for of Anxiety Disorders, 24, 590

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Mindfulness- based cognitive therapy - wikipedia,

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