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Danny Dreyer**

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Danny Dreyer is the co-founder of ChiRunning and ChiWalking, Danny s first book, Five Mindful Steps to Lifelong Health and Energy was released in March, 2006.

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Katherine Dreyer is the cofounder of ChiLiving, Inc. with her husband Danny, the former president of New Hope Communications, and the former vice president of www

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ChiRunning was developed in 1999 by Danny Dreyer, Dreyer helped design a running shoe that was released in 2008 for runners that utilize a midfoot strike.

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