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Sweet & Sugarfree: An All Natural Fruit-Sweetened Dessert Cookbook by Karen E. Barkie. Bookshelf; Buy this book; Recipes (0) Notes (0) Reviews (0) Bookshelves (11)

References | diabetic baking and desserts

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Karen barkie (author of fancy, sweet and

Karen Barkie is the author of Fancy, Sweet and Sugarfree (5.00 avg rating, 1 rating, 0 reviews, published 1985)

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Diabetic carrot cake?

Diabetic Carrot Cake? I've never tried this (for decorating) but here's one from SWEET AND SUGARFREE by Karen E. Barkie, 1982: PINEAPPLE CARROT CAKE Cake:

Karen e. barkie | barnes & noble

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Karen E. Barkie is a diet coordinator for the Poughkeepsie chapter of Sweet and Sugar Free. Karen E. Barkie. Karen Barkie has created over 200 imaginative and

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Sweet and sugarfree: an all natural

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A good reference & recipe book for anyone trying to manage the sugar (sucrose) in their diet. Like the first book, Sweet & Sugar free, this uses concentrated fruit

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