

**Lose It!: The Personalized Weight Loss Revolution By
Charles Teague;Anahad O'Connor**

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The Personalized Weight Loss Revolution. Charles Teague is the CEO and cofounder of FitNow, the makers of Lose It! Anahad O'Connor is a health and science

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The Personalized Weight Loss Revolution Charles Teague is the CEO and cofounder of FitNow, the makers of Lose It! Anahad O'Connor is a health and science

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Lose it! weight loss program and calorie

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