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Betty rohde (author of so fat, low fat, no fat) -

Betty Rohde is the author of So Fat, Low Fat, No Fat (3.38 avg rating, 8 ratings, 4 reviews, published 1993), More So Fat, Low Fat, No Fat For Family and

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Old-fashioned, low- fat, sugar-free banana -

This recipe is from Betty Rohde's "MORE So Fat, Low Fat, No Fat" recipe book. DH absolutely loves it and it tastes exactly like the fatty version my Mom always made.

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