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Sugar Detox for Beginners: Your Guide to Starting a 21-Day Sugar Detox Hayward Press Genre: Health & Fitness Price: \$2.99 Publish Date: January 2, 2014 Publisher

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Beat your sugar addiction for once and for all. Sugar is an addictive substance, just like caffeine, nicotine, or alcohol. Eating too much sugar can have serious

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May 03, 2013 More Information Sugar. It s in almost everything we eat. If you are eating a processed food, chances are you are eating some added sugar, too.

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The sugar detox kiss your sugar cravings goodbye

If you really want to kick your sugar cravings/addictions you have to know the cause of it. Of course eating a lot of sugar(also contaminated with fungus) will make

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