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Wok Cooking Throug [Kindle Edition] By Grace  
Young;Alan Richardson**

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Wok hei translated into English means wok thermal radiation or, metaphorically, the breath of the wok .  
It refers to the flavour and tastes imparted by a

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The breath of a wok : unlocking the spirit of Chinese wok cooking through recipes and lore. [Grace  
Young; Grace Young and Alan Richardson ;

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I love rice. And I love paneer. So what better way to put together my two favourite things than in a fried  
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If you heed Grace Young, The Breath of a Wok Unlocking the Spirit of Wok Cooking Through Recipes and Lore IACP Le Cordon Bleu International Cookbook Award.

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Dec 30, 2010 Page 1 of January 2011 Cookbook of the Month: BREATH of a WOK - Welcome to our January COTM: THE BREATH of a WOK Please use this thread for review and

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Breath of a Wok by Grace Young I finished this book this week. Equal parts wok lore and recipes, it was a captivating read. The best parts were the stories and

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The Breath of a Wok : Unlocking the Spirit of Chinese Wok Cooking Through Recipes and Lore by Grace Young and Alan AA Richardson (2004, Hardcover)

### **The best asian cookbooks - cooking light**

The Breath of a Wok: Unlocking the Spirit of Chinese Wok Cooking Through Recipes and Lore By Grace Young and Alan Richardson, Simon & Schuster, 2004.

### **Breath of a wok, the - flavor and fortune**

Breath of a Wok, The by: Young, Grace and Richardson, Alan. New York NY: Simon and Schuster 2004, \$35.00, Hardbound ISBN: 0-7432-3827-3

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by Grace Young, Alan Richardson Ms. Young and Mr. Richardson travel through China chronicling the storied all about the history of the wok, chinese cooking,

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### **Wok - wikipedia, the free encyclopedia**

A wok (in Hakka and Cantonese) is a versatile round-bottomed cooking vessel, originating from China. The use of "wok" is very prevalent in South China (particularly

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Sep 23, 2004 Page 1 of Breath of a Wok - Wow. I read about this book in two different magazines (though actually it might have been just in Saveur twice) and I m really

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Jul 17, 2005 Melissa Block and food writer Grace Young trek through New a Wok by Grace Young and Alan Richardson. Unlocking the Spirit of Chinese Wok Cooking

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When Grace Young was a child, her father instilled in her a lasting appreciation of wok hay, the highly prized but elusive taste that food achieves when properly stir

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