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To Lose Weight And Stay Healthy! By Connie Diekman**

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Connie diekman (author of the everything

Connie Diekman is the author of The Everything Mediterranean Diet Book Connie Diekman All You Need to Lose Weight and Stay Healthy! by Connie Diekman,

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Connie Diekman, M.Ed, RD, LD, FADA Connie earned her master's degree in She is the co-author of The Everything Mediterranean Diet Book: All You Need to Lose

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