

**The Multiple Sclerosis Diet Book: A Low-Fat Diet For
The Treatment Of M.S., Heart Disease, And Stroke By
Roy L. Swank;Mary-Helen Pullen**

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Multiple sclerosis facts, information, pictures

Many multiple sclerosis patients follow a low-fat diet developed by Dr. Roy Swank, disease-modifying agents, treatment M. H. Pullen. The Multiple Sclerosis

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Swank diet 2 of 3 | multiple sclerosis

May 09, 2008 including pork. Of the following low-fat meats, 3 oz. = 1 tsp. saturated fat. Swank Diet 2 of 3. Heart (calf, beef lean

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Swank diet - wikipedia, the free encyclopedia

The Swank Diet is a low saturated fat diet proposed for the treatment of multiple sclerosis and introduced by Roy L. Swank (1909 2008) in 1948. [1]

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Ms diet | overcoming multiple sclerosis

Professor Swank s Low Saturated Fat Study Beginning in 1949, he enrolled 150 MS patients and commenced them on his MS diet, a very low saturated fat diet. 3 He

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