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Synopsis: New paperback edition. Renowned psychiatrist and author of Thoughts Without a Thinker Mark Epstein uncovers the transformational potential of trauma

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Mark Epstein M.D., psychiatrist; author of "The Trauma of Everyday Life;" and clinical assistant professor in psychotherapy and psychoanalysis at New York University

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Book review: the trauma of everyday life

Mark Epstein, a psychiatrist and Professor of Psychotherapy and Psychoanalysis at New York University, became involved with Buddhism when he was a Harvard undergraduate.

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Harvard-educated psychiatrist Mark Epstein explains the Buddhist perspective of dealing with the trauma of everyday living.

About | mark epstein, m.d

MARK EPSTEIN, M.D. The Trauma of Everyday Life : Out in store August 15, 2013. Skip to content. BOOKS; MEDIA; His newest work, The Trauma of Everyday Life,

Mark epstein - the trauma of everyday life

Mark Epstein, MD, is a psychiatrist in private practice in New York City and the author of a number of books about the interface of Buddhism and psychotherapy

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