

**Younger Next Year: Live Strong, Fit, And Sexy - Until
You're 80 And Beyond By Chris Crowley**

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Younger next year for women: live strong -

Chris Crowley is Dr. Lodge's 80-year-old patient the relentless drum-beater for YOUNGER NEXT YEAR and the living proof that Harry s Rules work: It "is "possible to

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YOUNGER NEXT YEAR* draws on the very latest science of aging to show how men 50 or older can become functionally younger every year for the next five to ten years

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Chris Crowley is the coauthor of "Younger Next Year" and "Younger Next Year for Women". Until his retirement in 1990, he was a litigator and partner at Davis Polk

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